DISHES					D.	Lupin Flour	Milk		MUSTARD			Signature		Seer WNE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chorizo Bean Stew	✓						✓						✓	
Clam Chowder	✓						✓	✓						
Smoked Haddock Chowder					✓		✓		✓					✓
Curried Mussel Clams	√				✓			✓	✓	1				
Crab & Chillie Soup	√		✓											✓
Curry Sauce			✓						✓					✓
Parsley Sauce		Wheat					✓							
Thermador Sauce	√	Wheat	✓				✓		✓					
Real Tomato Soup	✓													
Potted Shrimp			✓				✓							

DISHES					D.	upin Flour	Milk		MUSTARD			SSAW.		Beer WNE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Old School Potted Shrimp	✓		1				✓		✓					
Prawn Sauce	✓		✓				✓							
Fish Stew	✓	1	✓		✓				✓					✓
Classic Fish Soup	✓	✓	✓		✓									√
Tomato, Basil & Garlic Sauce														
Red Meat Stock	✓													
Shellfish Stock	✓		✓		✓									✓
Fish Stock	✓				✓									✓
Poultry Stock	✓													✓
Vegetable Stock	✓													

DISHES						upin Flour	Milk		MUSTARD					Boer WNE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Deluxe Fish Stock	✓				✓									✓
White Fish Cake		Breadcrumbs			✓									
Smoked Haddock & Spring Onion Fish Cake		Wheat			•		✓							
Luxury Salmon & Dill Fish Cake		Rusk			✓									
Crab Paté			✓	✓			✓		✓					✓
Sandys Houmous												1		
Smoked Salmon Paté					1		✓							
Smoked Mackerel Paté					1		✓							
Taramasalata		Rusk			1									
Crayfish Tails			1											

DISHES					D.	upin Flour	Milk		MUSTARD					Boor
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Jellied Eels					✓									
Bloody Mary Dressing	✓	Barley		✓	✓				1					✓
Luxury Fish Pie	✓		✓	✓	✓		✓		✓					1
Thai Fish Cakes					✓									
West Indian Fish Cake				✓	1									
Sandys Chutney									✓					✓
Chilli, Garlic & Ginger Butter							✓							
Mustard, Tarragon, Garlic & Parsley Butter							✓		1					
Garlic & Parsley Butter							✓							
Shallot Vinegar														1

DISHES					M.	Lupin Flour	Milk		MUSTARD			SSSAME OK		Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Beef Steak & Black Pepper Burgers														✓
Lamb & Mint Burgers														√
Saucy Beef Burger		Bread/Barley			1				✓					✓
The London Breakfast Sausage		Bread					✓							✓
Premium Cumberland														✓
Gloucester Old Spot														✓
Scotch Bonnet Sausage														✓
Spicy Italian														√
Traditional Toulouse														✓
Algerian Merguez Sausages														✓



DISHES					No.	Lupin Flour	Milk		MUSTARD			USEAM) OL		Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Honey & Mustard Glaze	✓						✓		✓					✓
BBQ Skewer Chalkstream Trout w/ Honey & Mustard	1				•		✓		✓					1
BBQ Skewer Monkfish Goujons Provencal					•									
BBQ Skewer Easy Peel Prawns Ginger, Lemon & Chilli			✓											
BBQ Skewer Salmon Greek Passion														
BBQ Skewer Beef Argentina Fire														
BBQ Skewer Chicken Thigh Jamaican Jerk														
Scottish Kippers					✓									
Manx Kippers					✓									



DISHES					A S	upin Flour	Milk		MUSTARD			HSAM OR		Geer WNE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide



DISHES						upin Flour	Milk		MUSTARD			SISLAM OR		Beer WINE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide



DISHES						upin Flour	Milk		MUSTARD			SISLAM OR		Beer WINE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide



DISHES						upin Flour	Milk		MUSTARD			SISLAM OR		Beer WINE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide

Review date:	Reviewed by:	
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